

CANCER

Topic: Cancer

INTRODUCTION

Attention Getter: More than 1/2 million people are expected to die of cancer this year. That's more than 1,500 a day. An average of 1/2 of men and 1/3 of women will develop cancer.

Purpose: To inform my audience about cancer.

Importance to Audience: Cancer can affect anyone, so you can gain something from this speech by being informed about cancer, and how to prevent it

Thesis Statement: Cancer is a serious disease that may be preventable and curable.

Preview: I will discuss what cancer is, ways to prevent cancer growth, and the different types of treatment for cancer.

(Transition: To start off, I will explain what cancer is.)

BODY

- I. **First Main Point:** Cancer is a condition of uncontrolled growth of abnormal cells.
 - A. **Subpoint:** Normal cells usually grow and divide to replace old or dead cells.
 - B. **Subpoint:** Cancer cells continue to grow and divide.
 1. Cancer cells accumulate in one place.
 2. The accumulated cells form tumors.
 3. Tumors destroy body cells.
 - C. **Subpoint:** 2 types of tumors
 1. Malignant
 2. Benign
 - D. **Subpoint:** Cancers are classified according to the body part in which it originates.

Example: If there is cancer growth in your prostate and it spreads to another part of your body, it would be classified as prostate cancer. Although the cancer has spread to another part of your body, it only counts where the cancer originated.

(Transition: Next, I will talk about ways to prevent cancers from forming.)

- II. **Second Main Point:** A person can take different measures to lower his/her chances of developing cancer.
 - A. **Subpoint:** Lifestyles can affect the chances of future cancer development.
 1. Smoking/Drinking (1/3)
 2. Be active and maintain healthy weight.
 3. Eat healthy avoid fat foods (animal products) and eat plant sources (fruits, vegetables) (1/3)

(Transition: Finally I will discuss the treatments for cancer.)

- III. **Third Main Point:** There are various treatments for cancer.
 - A. **Subpoint:** Surgery
 1. Oldest form of treatment.
 2. Offers greatest chance for cure.

3. 60% cancer patients receive surgery/operation.

B. **Subpoint:** Radiation therapy high energy particles

C. **Subpoint:** Chemotherapy use of drugs. Effective because the drugs go into your bloodstream which circulates throughout your body.

(Transition: In conclusion,)

CONCLUSION

Summary Statement: Cancer is a condition of uncontrolled growth of abnormal cells that evolve into tumors. Fatty foods, smoking, and drinking all affect the chances of developing cancer. Treatments for cancer include surgery, radiation, and chemotherapy.

Concluding Remarks: Anyone can become a victim of cancer but we can decrease our chances of getting cancer by being more informed on the disease and how to prevent it.